



SLS1102: FIRST YEAR FLORIDA

SPRING 2022 | SECTION 11G3 17734 | Weimer Hall 1064

CLASS DAY: Thursday PERIOD: 4 (10:40 am – 11:30 am)

LAND AND LABOR ACKNOWLEDGEMENT

We acknowledge the land we live and work on by naming the Timucua and Seminole Peoples, upon whose unceded and stolen territory the university now stands. We further acknowledge the enslaved peoples, primarily of African descent, whose labor was exploited to fund the construction of the East Florida Seminary School, the historical forerunner institution to the University of Florida.

GENERAL INFORMATION

Goals and Objectives

First Year Florida is a course designed to aid students in a successful transition to the University of Florida. This course aims to help students develop the practical, social, emotional, and intellectual skills that are essential to a fulfilling four years at UF, provide a foundation for a well-rounded college experience, connect students to the University of Florida, promote engagement within and outside the classroom, and communicate university expectations.

Learning Outcomes

As a result of taking this course, students will pursue four main learning outcomes, which are to...

1. Begin a successful academic transition to the University of Florida, which involves:
 - a. Exploring career and research options.
 - b. Utilizing advising resources.
2. Continue their transition into the broader UF community and develop their own personal senses of community, independence, and interdependence, which involves:
 - a. Exploring opportunities for student involvement and leadership.

- b. Getting engaged with other students and participating in community service.
 - c. Learning about and applying principles related to diversity, equity, and inclusion.
3. Set a foundation for personal and communal health and wellness, which involves:
 - a. Exploring the nine domains of wellness, as defined by UF GatorWell: cultural, intellectual, occupational, physical, emotional, social, spiritual, environmental, and financial.
4. Learn how to navigate formal and informal institutions at the University of Florida, which involves:
 - a. Connecting with support services and resources, both offered by the University of Florida and the greater Gainesville community.
 - b. Developing a sense of self, both personal and professional, in the context of UF and beyond.
 - c. Developing communication and conflict-resolution skills.

Pursuant of these outcomes, students in this course will...

- Connect with faculty, staff, and peers at the University of Florida.
- Identify university resources and services that contribute to their personal and educational goals.
- Recognize the purpose of reflection, critical thinking, and enriching educational opportunities within and outside the classroom.
- Evaluate the effects of personal and communal well-being on student success and engagement.
- Recognize the academic, conduct, and citizenship expectations of the University of Florida.
- Begin to develop an awareness and respect for being a part of diverse communities, both at the University of Florida and in larger local, state, national, and international contexts.
- Identify personal means by which they can become engaged, active members of their respective communities.

COURSE MATERIALS

Required Material

- First Year Florida Course Packet - will be accessed through Canvas
- CliftonStrengths Quest Access Code (must purchase online through Clifton – \$19.99)

Technology

This class will utilize Canvas for assignment submissions in conjunction with on-paper assignments.

ADDITIONAL POLICY INFORMATION AND RESOURCES

Expectations of Classroom Behavior

As college students, you will be treated and respected as an adult. You are encouraged to share your ideas and express your opinions in class, and you will be expected to respect other's opinions and values as well. You are expected to do your best work, meet assignment deadlines, and treat other members of the class and the University with courtesy and respect. Disruptive behavior will not be tolerated. **Cell phones**

should be off or on silent before entering the classroom and should be used sparingly during class time to be fully engaged in the lessons or activities taking place.

Absence/Tardy/Late Work Policy

In this section of First Year Florida, participation and attendance is highly encouraged and will be factored into determining your final grades. You should strive to be actively engaged and participating in class so you all can create an environment that will foster discussion and community. Attendance will be taken during every class meeting.

You will be allowed **one unexcused absence** with no penalty during the semester. **However, missing three or more classes will result in a grade reduction by at least one letter since participation and attendance are critical in this class.** If you have questions about what absences are considered excused or not, you can email the instructors with the specific circumstances of your absence. To request that an absence be considered excused and not subject to the loss of attendance and participation points, students must email the Instructor and Peer Leader in advance of the absence. In the event of illness or emergency, documentation may be asked for but does not guarantee that the absence will be excused. For more information: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>.

Late work will be accepted, but with a **10% decrease in grade for every day it is late.** It is to your benefit that you submit all assignments on time.

You will be allowed **one “Life Happens” excused assignment.** We will drop the lowest score assignment you submit, so if you miss one that zero will be dropped.

Academic Honesty

An academic honesty offense is defined as the act of lying, cheating, or stealing academic information so that one gains academic advantage. As a University of Florida student, one is expected to neither commit nor assist another in committing an academic honesty violation. Additionally, it is the student's duty to report observed academic honesty violations. Violations of the Honor Code and academic dishonesty will not be tolerated. Specifically, instructors will rigorously pursue incidents of plagiarism of any type or incidents of referring to any unauthorized material for any class requirement. Before submitting any work for this class, please read the policies about academic honesty at <https://sccr.dso.ufl.edu/>, and ask the instructors to clarify any expectations you do not understand.

Preamble: In adopting this Honor Code, the students of the University of Florida recognize that academic honesty and integrity are fundamental values of the University community. Students who enroll at the University commit to holding themselves and their peers to the high standard of honor required by the Honor Code. Any individual who becomes aware of a violation of the Honor Code is bound by honor to take corrective action. The quality of a University of Florida education is dependent upon community acceptance and enforcement of the Honor Code.

The Honor Code: We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity.

Pledge: "On my honor, I have neither given nor received unauthorized aid in doing this assignment."

U Matter, We Care Initiative

Your well-being is important to the University of Florida. The U Matter, We Care Initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another, and to reach out for help if a member of our community is in need. **If you or a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575.** The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing Staff, and the Counseling and Wellness Center. **Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.**

ADA Statement

The University of Florida provides high-quality services to students with disabilities, and we encourage you to take advantage of them. **Students with disabilities requesting accommodations should first register with the Disability Resource Center (352-392-8565, <https://disability.ufl.edu/>) by providing appropriate documentation.** The purpose of the Disability Resource Center (DRC) is to address access barriers, which may vary from course to course. Once registered, students will receive an accommodation letter which must be presented to the instructor when requesting accommodation. **Students with disabilities should follow this procedure as early as possible in the semester.**

If you are a student with disabilities or would benefit from certain accommodations, please feel free to reach out to either instructor to discuss your accommodations and needs. We want to make this a safe, comfortable environment for us all to learn within, and that includes providing all accommodations to our students to enable equal and fair access and help them succeed. **Accommodations are changes in the learning environment that remove barriers and provide equitable opportunities for accessible learning.**

Course Evaluations

Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations. **Evaluations are typically open during the last two or three weeks of the semester, but First Year Florida students will be given a specific time to complete it during class to encourage you to participate and engage us as instructors.** Students enrolled in First Year Florida will be asked to complete a separate course evaluation. This is a time for you to provide direct feedback on your Peer Leader and Instructor.

GRADING SCALE

This course adheres to the UF Grading policy for assigning grade points. For more information please visit: <https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>.

Below is the course grading scale:

100-94 (A); 93-90 (A-); 89-87 (B+); 86-83 (B); 82-80 (B-); 79-77 (C+); 76-73 (C); 72-70 (C-); 69-67 (D+); 66-63 (D); 62-60 (D-); 59-below (E)

ASSIGNMENT POINT VALUES

Total Points: 135

| Points Possible | Assignment | Due Date / Submission |
|-----------------|---|------------------------|
| 5 | About Me Slide | January 12 |
| 5 | Academic Integrity Module | January 12 |
| 5 | Resume Draft | January 20* |
| 10 | Campus Resource Group Presentations | January 26 |
| 10 | Career Showcase | January 27 |
| 10 | Community Service Project | February 17 – In Class |
| 5 | Self-Care Challenge | February 23 |
| 10 | Mid-Semester Reflection | March 2 |
| 10 | One-on-One Meetings | Meeting Times May Vary |
| 10 | StrengthsQuest | March 23 |
| 10 | Multicultural Awareness Event | March 23 |
| 10 | Student Panel Discussion Questions | March 30 |
| 5 | Activity Fair | April 6 |
| 5 | Academic Planning | April 6 |
| 5 | Optional Extra Credit: F-Book | April 13 |
| 5 | Optional Extra Credit: Gator CareerLink Profile | April 13 |
| 15 | Attendance | Ongoing |
| 10 | Participation | Ongoing |

SPRING 2022 COURSE SCHEDULE

| Week | Class Date | Description/Topic | Assignments | Assigned Reading |
|-------------|-------------------|--|---|--|
| 1 | 1/6 | Welcome & Syllabus RTS & Getting Around Gainesville | | Course Packet p. 4-9 |
| 2 | 1/13 | Introductions & Slides [Partner up for Campus Resource Group] | About Me Slide Academic Integrity Module | |
| 3 | 1/20 | C3 – Develop Professionally | Resume Draft* | Course Packet p. 63-69 |
| 4 | 1/27 | Campus Resource Group Presentations | Campus Resource Presentation Career Showcase | |
| 5 | 2/3 | MCDA – Diversity & Inclusion | | Course Packet p. 29-41 |
| 6 | 2/10 | BCLS Changemakers Dialogue | | |
| 7 | 2/17 | Community Service Project: Random Acts of Kindness | | |
| 8 | 2/24 | Study Strategies Mental Health & Self-Care | Self-Care Activity | Course Packet p.10-21 Course Packet p. 49 |
| 9 | 3/3 | UF Traditions | Mid-Semester Reflection One-on-One Meetings | |
| 10 | 3/10 | <i>No Class – Spring Break</i> | | |
| 11 | 3/17 | Degree Audit & Academic Planning | | Course Packet p. 22-28 |
| 12 | 3/24 | CliftonStrengths | StrengthsQuest Multicultural Awareness Event | |
| 13 | 3/31 | Involvement/SAI Panel | Student Panel Questions | Course Packet p. 42-45 |
| 14 | 4/7 | GatorWell – Time & Stress Management | Activity Fair Academic Planning | Course Packet p. 31-39 |
| 15 | 4/14 | Class Choice | Extra Credit | |
| 16 | 4/21 | <i>No Class Reading Day</i> | | |
| 17 | 4/28 | <i>No Class Finals Week</i> | | |

ASSIGNMENT DESCRIPTIONS

About Me Slide

You will create a PowerPoint/Google Slide/etc to help introduce yourself to the class. This should be one slide only and should help your classmates get to know you. Feel free to include photos/videos and fun facts about yourself. There will be a shared Google Presentation for everyone to include 1 slide.

Academic Integrity Module

You will complete the Academic Integrity Module, located at <https://sccr.dso.ufl.edu/quick-links/academic-integrity/>. You will submit a screenshot displaying confirmation of your completion of the module via the assignment submission spot on Canvas. This module is not meant to test your knowledge, but instead to help you learn and understand UF's academic integrity policies. The module will show you clear examples of what constitutes cheating at UF, so you will have clarity in your courses here.

Resume Draft

As a student, one is always preparing for what is next. Thus, for this assignment each student needs to create or update a previously used resume (featuring involvement, honors, experience, education, skills, etc.). Please submit your resume via Canvas AND bring a copy to class. Example resumes can be found at <https://career.ufl.edu/resumes-documents/resumes/>

Campus Resources Group Presentation

You will be placed in a group with your peers and assigned a campus resource(s). You are asked to go to their location and take a picture outside the office. You are encouraged to meet with any staff and learn about the resource to be presented in class. Your group will work together to create an informational 5–10 minute presentation that explains the resource's services. You may use any format you choose for the presentation.

Career Showcase

You are asked to attend the Career Showcase which is put on by the Career Resource Center during the Fall/Spring semester. The attire is business formal, and the students are encouraged to bring a resume. You must upload a PDF file that includes 1) a picture of yourself at the Showcase and 2) a brief write-up about your experience or favorite booths.

For more information on the Career Showcase visit <https://career.ufl.edu/events-and-programs/career-fairs/career-showcase/>.

Community Service Project

The students will need to complete the community service project chosen by the co-instructor and Peer Leader. There will be no written assignment due for this project, however, in order to earn full points, the students must attend the service project. If students are unable to complete the project, they must speak with their Peer Leader or co-instructor to receive an alternative assignment **PRIOR TO THE ASSIGNMENT DATE**. If you miss the service project and have not made arrangements for an alternate assignment beforehand, you will receive zero credit.

Self-Care Challenge

For this assignment, you will attempt to engage in at least one self-care activity. For credit, you will

submit one reflection that has two parts. You are encouraged to be as honest, open, and thoughtful as possible. Your reflection can be submitted as either a written reflection or audio/video recording. Written reflections are a minimum of 1 page and double spaced. Video and audio reflections are a minimum of 3 minutes.

Part 1 – a pre-reflection where you will explore your attitudes (thoughts/feelings/beliefs) surrounding rest, wellness, and self-care.

Part 2 – a post-reflection where you will explore your experiences from the challenge.

Mid-Semester Reflection

This paper will give you the chance to reflect upon and share some of the unique experiences you've had over the course of your first two semesters here at UF! Don't fret, this isn't a multi-page research paper – just a 1 page, double-spaced (at minimum) reflection. We just want to learn a little more about your experiences at UF so far!

One-on-One Meeting

Your instructors want to get to know you better, so you will have the opportunity to meet with either one of them for this assignment. The students will be asked to select a time and date of the ones provided by the co-instructor and Peer Leader to meet one-on-one. There will be no written assignment due, however, each student must meet with either the co-instructor or Peer Leader to earn all their points for the assignment. This is an opportunity for you to get to know us better and vice versa. We are here to help you, so please let us know if there is anything we can help you with!

To complete the assignment, please contact either instructor to arrange a one-on-one meeting with either one of them **prior to March 2**.

StrengthsQuest

Students will purchase an access code (~\$19.99) to the StrengthsQuest assessment through Clifton, using your Gatorlink email address, and will take the assessment. Once you have completed it, you will download a PDF of your results and submit them to Canvas for us to discuss as a group in class. Ensure you take the assessment intentionally in a quiet place, without distractions, to get the most accurate results.

Multicultural Awareness Event

This assignment requires students to attend an event, general body meeting, or fundraiser of an organization (either in person or virtually) which they do not necessarily identify with or relate to. The written portion of this assignment is a 250-word minimum write-up on their experience at one of these events, general body meetings, or fundraisers. **The students must get their chosen activity approved before completing the assignment.** The students are encouraged to try something they have never learned about before or tried.

Student Panel Questions

We will be having an in-class student panel for you to ask questions about their involvement and tips and tricks on surviving university. Students will be asked to submit 3 questions that they would like to be answered by fellow students.

Activity Fair

Activity fairs are great opportunities for new students to connect with other students, faculty, staff, and

various campus resources.

Possible fairs you can attend include:

- Recstravaganza
- Study abroad fair
- Involvement fair
- Career fair
- Housing fair
- Majors and Minors fair

You are required to attend at least one and encouraged to attend more if you are interested. Dates and links for some fairs will be posted to Canvas. You will write a half-page reflection on your experience and turn it in on Canvas. The required points of the write-up are listed in the assignment on Canvas.

Academic Planning

You are responsible for your degree at UF. The university provides resources to help guide you while here, but you must take control of your journey and map out the path that you want to take, and that is best for you individually. Use the resources provided by your department, college, and the UF Catalog to plan your term-by-term graduation schedule for your bachelor's degree. Use Excel, a table in Word, old fashioned pen and paper, or any other method that works best for you.

Optional Extra Credit

We want to help you succeed. If other assignments were not what you expected, you have opportunities to earn more points. There will be two different opportunities:

- *F-Book Tradition Challenge*

This is a fun, easy way to explore campus! You will use your F-Book that is given to you at Preview and choose a tradition to complete. If you don't have an F-Book or did not get one at Preview, you can go to Emerson Alumni Hall (directly across from campus on University Avenue, to the right of the Albert and Alberta statues) to get one. Additionally, if you have purchased an Alumni Association membership, you can download the "GatorNation" app from the app store and use the digital F-Book within that! You will document your tradition by taking a selfie of yourself with a classmate from this course and upload it to Canvas under this assignment's submission spot.

- *Gator CareerLink Profile*

Gator CareerLink is the portal to UF resources that can help you explore career paths, find ways to gain experience and begin preparing for your career now! By activating your account, you will have access to all the Career Resource Center's services including job and internship postings, Career Planning appointments, an online mock interview module, and a calendar of all upcoming events and workshops. Activating your profile as a first-year student allows you to become familiar with the Gator CareerLink system and connects you to the CRC right away.

To activate your profile and receive credit, follow these simple steps:

1. Go to www.crc.ufl.edu
2. Click on Gator CareerLink Student Login.
3. You will be directed to a UF Authentication page. Type in your GatorLink username and password.
4. Next, click on "My Profile."
5. Fill out both the Personal and Academic profile as much as possible. You must complete all fields with a red asterisk in order to have an active profile. Make sure to save your

information.

6. Once your profile is complete, click on “My Jobs.”

7. Find an internship, part-time, full-time or volunteer experience you would be interested in applying for now or in the future. To receive credit for this assignment, turn in the job description on Canvas. You do not actually have to apply for the position- this is just for practice.

CAMPUS RESOURCES:

Health and Wellness

U Matter, We Care: If you or someone you know is in distress, please contact umatter@ufl.edu, 352-392-1575, or visit U Matter, We Care website to refer or report a concern and a team member will reach out to the student in distress.

Counseling and Wellness Center: Visit the Counseling and Wellness Center website or call 352-392-1575 for information on crisis services as well as non-crisis services.

Student Health Care Center: Call 352-392-1161 for 24/7 information to help you find the care you need, or visit the Student Health Care Center website.

University Police Department: Visit UF Police Department website or call 352-392-1111 (or 9-1-1 for emergencies).

UF Health Shands Emergency Room / Trauma Center: For immediate medical care call 352-733-0111 or go to the emergency room at 1515 SW Archer Road, Gainesville, FL 32608; Visit the UF Health Emergency Room and Trauma Center website.

Academic Resources

E-learning technical support: Contact the UF Computing Help Desk at 352-392-4357 or via e-mail at helpdesk@ufl.edu.

Career Connections Center: Reitz Union Suite 1300, 352-392-1601. Career assistance and counseling services.

Library Support: Various ways to receive assistance with respect to using the libraries or finding resources.

Teaching Center: Broward Hall, 352-392-2010 or to make an appointment 352- 392-6420. General study skills and tutoring.

Writing Studio: 2215 Turlington Hall, 352-846-1138. Help brainstorming, formatting, and writing papers.

Student Complaints On-Campus: Visit the Student Honor Code and Student Conduct Code webpage for more information.

On-Line Students Complaints: View the Distance Learning Student Complaint Process.